

## Online Part 1



### What is it?

With approximately 80 percent of sudden cardiac arrests occurring outside of a hospital, it is important that employers offer CPR and AED training so their employees are prepared to respond to a sudden cardiac arrest emergency.

Heartsaver CPR AED Online Part 1 is an online, self-directed program. The program teaches students critical skills and knowledge needed to respond to and manage a sudden cardiac arrest or choking emergency in the first few minutes until emergency medical services (EMS) takes over.

Completion of the full course includes Part 1 online, plus a skills practice and testing session (Parts 2 and 3) with an AHA Instructor or Heartsaver® Skills Evaluator™. Upon successful completion of all three parts, students receive an AHA course completion card, valid for two years.

This program can be completed at work, at home or wherever Internet access is available. It can be used for initial or renewal training. Students also have access to all information in the online program for 24 months after activation of their course key.

### Course Covers:

- Key changes reflecting the new science from the *2010 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*
- Adult CPR and AED use
- Adult choking
- Optional modules in child CPR, AED use and choking
- Optional modules in infant CPR and choking

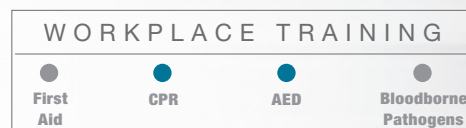
### Primary Audience

This program is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet a job, regulatory or other requirement and is seeking an alternative to classroom-based training.

**Sudden cardiac arrest can happen to anyone, anywhere.**  
**AHA's Heartsaver CPR AED Course gives your employees the confidence and skills to respond to these emergencies.**



*Unfortunately, emergencies happen in the workplace. When a life is at stake, don't settle for less. Rely on quality training from the trusted leader in CPR and first aid—rely on the American Heart Association.*



[www.heart.org/heartsaver](http://www.heart.org/heartsaver)

For more information visit [OnlineAHA.org](http://OnlineAHA.org) or :

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